



Session 1: Using 2 Mallets
Session 2: Using 4 Mallets

STICK CONTROL AND MALLETING

USE MALLETS LIKE A PERCUSSIONIST

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SESSION 1

AGENDA

- Single Mallet Grip
- Strike and Stroke
- Sticking
- Exercises
- Unanswered Questions

General Grip Guidelines

- Weight and balance
- Where and how to grip

Treble Mallets

- Thinner Shafted Mallets
- Adjustable Weights and Rim Guards

Bass Mallets

- Different Balance
- Thicker Shafted Mallets



SINGLE Mallet GRIP

Where to hold?

- Evelyn Glennie
- <https://www.youtube.com/watch?v=YMZeBJJ5JJc>
- Hugo Rocha Percussion
- <https://www.youtube.com/watch?v=WCiyuKm067M>

COMPARING GRIPS

4 COMMON GRIP ERRORS

1. The Pointer



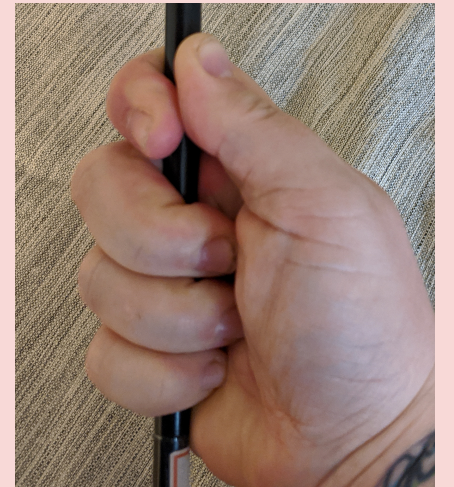
2. The Tea Drinker



3. The Club



4. The Vice



Striking On The Table

- Upper Treble: 6's, 7's, and 8's
- Battery: 4's and 5's
- Bass: 3's and lower

In Hand Suspended Malleting

- Single Bell
- Multiple Bells

Bell Trees

- Angle and Height

Remember: "Mr.
Upstroke is
your friend!"

STRIKE AND UPSTROKE

Alternating

- Basic idea of switching from Right to Left
- 4/4 time
 - Quarter notes: R L R L
 - 8th notes: R L R L R L R L



Right Hand Lead

- Alternating continues through rests
- 4/4 time quarter note example
 - R rest R L



Sub-divisions

- When to alternate, RH lead, double



STICKING CHOICES

Roll Speed



- Treble vs Bass and In-Between

Potential Problems and Solutions

- Moving Bells
- Quick Shifts Between Ringing and Malleting
- Malleting Across a Casting Size Change

ROLLS AND RAPID STRIKES

Considerations

- Needed Tempo
- Desired Sound
- Bell Range
- Ringer Coordination



ALTERNATING VS DOUBLING

STICKING EXERCISES

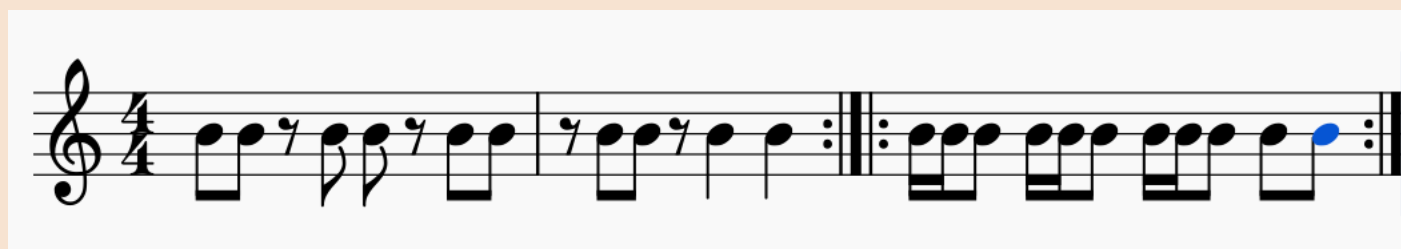
- Accents

- Passing around the beat 1/4s, 1/8s, 1/16s
- Move accents one note and repeat



- Rudiments

- Paradiddle, 2s and 3s



UNANSWERED QUESTIONS

